

## **Pre-Operative IV (Conscious) Sedation Instructions**

Listed below are procedures you must follow and be aware of upon coming to your appointment for treatment with IV Sedation:

- ▶ It is important for Dr. Barker to know all about your medical history, even information which may not seem important to you. Answer all questions fully and honestly and be sure to make us aware of anything that may have been forgotten or has changed since your initial examination.
- ▶ Be certain to have a responsible adult (18 years or older) who can drive and accompany you to the office on the day of your appointment.
- ▶ **You must not have anything to eat or drink at least 6 hours prior to your appointment. This means nothing by mouth – no water, gum, etc.**
- ▶ Medications may be taken as normal with only a small sip of water or 1 teaspoon of applesauce if absolutely necessary. If you were prescribed a pre-medication, take it as discussed with Dr. Barker.
- ▶ Do not wear contact lenses for your IV Sedation appointment.
- ▶ Do not wear nail polish.

**Please call the office if you have any questions or concerns.**