

## **Care of Mouth Following Crown/Bridge Procedure**

- ▶ Rinse with warm salt water or use PerioMed (a fluoride rinse)
- ▶ Take Ibuprofen or Tylenol for any pain or discomfort following the procedure
- ▶ Avoid eating sticky/chewy foods and candies, gum, etc.
- ▶ Avoid crunchy foods such as pretzels, nuts, etc. to avoid breaking the temporary crown/bridge
- ▶ Floss in between the teeth and pull floss through the cheek side. Do not pull the floss back up because you could dislodge the temporary crown/bridge. For a bridge, use a floss threader and floss to clean under the bridge.

***Please note:** A temporary crown/bridge is made to only last three-four weeks. While it can last longer, it does not offer the protection of a permanent crown/bridge. A permanent crown/bridge offers a seal to protect the tooth from further decay and to prevent fractures.*

*Failure to have the final crown/bridge placed could ultimately result in loss of the tooth/teeth. Please call our office if you have not already scheduled for 2-3 week follow up appointment for the final crown/bridge insert.*

**Please call the office if you have any questions or concerns**