

## **Home Care Following IV (Conscious) Sedation**

- ▶ You may resume the medications that you were taking before your visit today, as directed by your Physician.
- ▶ Drink plenty of liquids for the next 8 hours. Drink warm liquids if you feel chilly. Ice water can be helpful to reduce swelling from a surgical procedure.
- ▶ You may eat solid food as tolerated; Lighter meals are recommended
- ▶ No alcoholic beverages for the next 24 hours
- ▶ Remain at home resting and have a responsible adult with you for 24 hours following your procedure.
- ▶ No driving for 24 hours
- ▶ No smoking for 24 hours unless someone can monitor you
- ▶ It is advisable not to make any major legal decisions nor engage in any life threatening acts for 2-3 days following your IV Sedation appointment.
- ▶ If you have an “irritation” at the IV site: within 24 hours, apply an ice pack for 5-10 minutes, 4-5 times. If it is past 24 hours, apply moist heat. Please call the office for further instructions.

**Please call Dr. Barker directly if you have any concerns after office hours:  
443-914-2210 Leave name, phone number and a brief message**