

Gary S. Barker, DMD, FAGD

General, Reconstructive & Cosmetic Dentistry

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Pasadena, Maryland 21122
(410)-647-6453**

POST IV SEDATION DISCHARGE INSTRUCTIONS

1. You may resume the medications that you were taking before your visit today, as directed by your Physician.
2. Drink plenty of liquids for the next 8 hours. Drink warm liquids if you feel chilly. Ice water can be helpful to reduce swelling from a surgical procedure.
3. You may eat solid food as tolerated. Lighter meals are recommended.
4. No alcoholic beverages for the next 24 hours.
5. Remain at home resting and have a responsible adult with you for 24 hours following your procedure.
6. No driving for 24 hours.
7. No smoking for 24 hours unless somebody is monitoring you. Please refer to the post-operative instructions for your specific treatment regarding smoking.
8. It is advisable not to make any major legal decisions nor engage in any life threatening acts for 2-3 days following your IV Sedation appointment.
9. If you have an irritation at the IV site: within 24 hours, apply an ice pack for 5-10 minutes, 4-5 times. If it is past 24 hours, apply moist heat. Please call the office for further instructions.

**PLEASE CALL THE OFFICE IF YOU HAVE ANY CONCERNS
443-914-2210 Leave name, phone number and a brief message**