

Gary S. Barker, DMD, FAGD

General, Reconstructive & Cosmetic Dentistry

**8131-J Ritchie Highway
Pasadena, Maryland 21122
(410)-647-6453**

POST CROWN/BRIDGE INSTRUCTIONS

1. Rinse with warm salt water or use PerioMed (a fluoride rinse)
2. Take Ibuprofen or Tylenol for any pain or discomfort following the procedure
3. Avoid eating sticky/chewy foods and candies, gum, etc.
4. Avoid crunchy foods such as pretzels, nuts, etc. to avoid breaking the temporary crown/bridge
5. Floss in between the teeth and pull floss through the cheek side. Do not pull the floss back up because you could dislodge the temporary crown/bridge. For a bridge, use a floss threader and floss to clean under the bridge.

Please note: A temporary crown/bridge is made to only last three-four weeks. While it can last longer, it does not offer the protection of a permanent crown/bridge. A permanent crown/bridge offers a seal to protect the tooth from further decay and to prevent fractures. Failure to have the final crown/bridge placed could ultimately result in loss of the tooth/teeth. Please call our office if you have not already scheduled for 2-3 week follow up appointment for the final crown/bridge insert.

PLEASE CALL THE OFFICE IF YOU HAVE ANY CONCERNS